

NORTH AREA COUNCIL

Project Performance Report

Q3 2016/17 (October – December 2016)

March 2017

INTRODUCTION

North Area Council Priorities

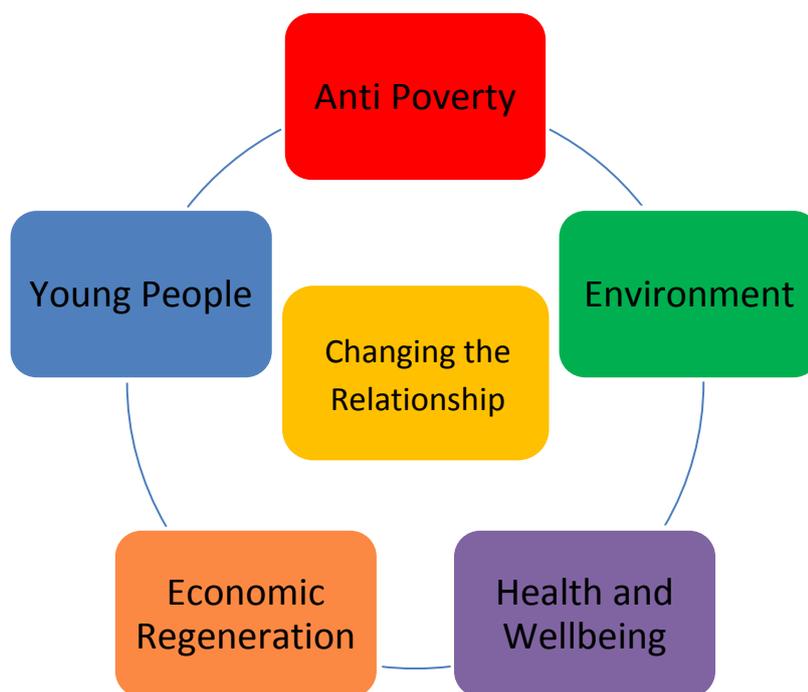


Table 1 below shows the Provide that have now been appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the North Area Council. A number of projects are still in the development phase.

	Service	Provider	Contract Value/length	Contract start date	Updates
Anti-Poverty	Financial Inclusion Service	CAB & DIAL	£148,120 2 years	14 th September 2015	Project performing well
Young People	Summer Holiday Internship 2014	C&K Careers	£39,410 9 months	April 2014	Contract Completed
Young People	Summer Holiday Internship 2015	C&K Careers	£45,000 18 months	9 th March 2015	Contract Completed
Young People	Summer Holiday Internship 2016	C&K Careers	£31,550 18 months	1 st March 2016	KIT Period
Environment	Environmental enforcement	Kingdom Security	£ 54,771 1 year + £81,844 8 months	4 th August 2014 August 2015 – March 2016	Contract Completed
Environment	Environmental enforcement	Kingdom Security	£120,640 per annum (1yr+1yr+1yr)	1 st April 2016	Current dissatisfaction expressed

Environment	Clean & Green Community Development	Forge c/o Anvil CIC	£150,192 2 years	14 th September 2015	Value for money currently being monitored
Economic Regeneration	Small Business Development Survey	Barnsley Business and Innovation Centre	£2,250	Aug 2016	Larger project to be developed.
Health and Wellbeing	Healthy Eating Project	South and West Yorkshire (NHS) Foundation Trust	£98,893 18 months	16 th October 2014	Discontinued April 2016

PART A - OVERVIEW OF PERFORMANCE

4 contracts have formally completed their contract monitoring/contract management reporting for Q2 2016/17. The following tables therefore reflect the overview of performance of **4 live contracts only**. These contracts are:

- C&K Careers 2016 – Year 3
- Kingdom Security – Year 2
- Forge – Year 2, Q1
- CAB & DIAL Year 2, Q1

Anti-Poverty

Performance Indicator	Target	Achieved to date
Number of financial / debt settlements negotiated		64
Cases of homelessness prevented		19
Overall benefit gain in £		£1,687,545

Young People

Performance Indicator (combined with North East)	Target	Achieved to date
Summer internship to be delivered over summer 2016	90	71%
Development of five year plans tailored to the needs of students who attended	60	95%
Improved confidence about the future	60	74%

Environment: Enforcement

Performance Indicator	Target	Achieved to date
Patrol Hours completed	1822	96%
No of litter and dog fouling operations	37	925%
No of litter and dog fouling FPNs issued	N/A	211
No of parking PCNs issued	N/A	30
Payment rate for dog fouling and litter FPNs	N/A	75%
Payment rate for parking PCNs	N/A	-

Health and Wellbeing

Performance Indicator	Target	Achieved to date
Local residents experienced improved health and wellbeing		91%
Local people feel more able to manage their own affairs		68%

PART B - SUMMARY PERFORMANCE MANAGEMENT REPORT FOR EACH SERVICE

C&K Careers

	RAG
Young People	
Satisfactory quarterly monitoring report and contract management meeting.	●
Milestones achieved	●
Outcome indicator targets met	●
Social value targets met	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

Background

Following the success of the 2014 and 2015 Summer Holiday Internship programmes focusing on employability skills for under 16s, Barnsley MBC North, North East and South Area Councils re-commissioned a 2016 programme. Two week blocks were to be provided during the summer holidays to Year 10 students catering for up to 135 young people who reside in the area covered by these Councils. The overarching purpose of the programme was 'providing knowledge and greater understanding of the work environment and allowing young people to experience a work placement and benefit from preparation workshops, thus improving their employment prospects'.

Tangible outputs delivered during the programme include the drawing up of 5 year plans for the future and preparation of CVs which were done in the summer workshops and will be updated through work with the C&K Careers Adviser linked to schools during the keeping in touch period.

Week 1 - Employability Training

- Day 1 – getting to know you, Buzz personality test
- Day 2 – CV production
- Day 3 – Interview skills
- Day 4 Team building & communication consolidation activities
- Day 4 – 1to1 Guidance Interview and 5 year plan

The principal outcomes required by the programme were **that young people should feel capable of achieving their potential and increased confidence and self-esteem** together with the **development of IKIC competencies** and of employability skills.

The entire focus of this programme has been on enabling the students to develop the skills and confidence to take responsibility for their futures. The informal feedback, together with reported moves towards further work/training collected during the programme indicates that this is happening:

- *I know how to be a good worker*
- *It has really helped doing CVs and interviews, and getting to know new people*
- *It has made me look forward to going to work. I would like a good job in the future*
- *It has widened my horizons*
- *I will probably work harder at school to get where I want to be*
- *Now I have this knowledge and experience I feel I can draw upon it and use it in the future. I am motivated to follow a career path in graphic design*
- *Before the internship I was undecided between social work and office work. Now I am focussed on getting a business admin apprenticeship after Year 11*
- *I have realised how important education is. It was an eye opener to see what factory work is like.*
- *I have learned what I am capable of; realised the type of route I want to follow; learned I can get up and get to places; I have been tired but I have persevered*
- *I feel that I will keep on track so that I can achieve my goals – keep out of trouble and keep my head down*

2016 outcomes so far:

- One student has been offered a Saturday job at a Care home
- One has now managed to get a part time job
- One student was very impressive at Ardagh Glass and they said they would bear him in mind for an apprenticeship in mechanical engineering
- Berneslai Homes told all their students to keep an eye out for possible apprenticeships; most students said that the placement had confirmed their choice of doing an apprenticeship in construction/ electrical.
- One student has been offered further work experience at Cranswick Convenience Foods when he turns 16.
- One student has received a really positive employer reference that she will be able to use for future job hunting
- One student was offered part time work from her placement at Asda, however, due to the distance to the particular store (Morley, Leeds) it isn't practical to take up.
- Cannon Hall have offered their student a part-time job
- One student is now volunteering as a result of the programme.
- Two students are now actively seeking part time work
- One student is now actively seeking a voluntary position

Kingdom Security - Quarter 3 report received on 14TH January 2017

	RAG	
Clean and Green	Satisfactory quarterly monitoring report and contract management meeting.	●
	Milestones achieved	●
Health and Wellbeing	Outcome indicator targets met	●
	Social value targets met	●
Economic Regeneration	Satisfactory spend and financial information	●
	Overall satisfaction with delivery against contract	●

NARRATIVE UPDATE

The North Area is contracted to 4 x officers, this equates to 1890 hours over quarter, achieved is 1822 hours which is 96% of the contracted hours.

To date 211 FPN's and (30 PCN's for parking) have been issued in the area. 198 of these have been for littering offences and 13 for dog fouling offences. Civica shows that to date 75 % of the revenue will be raised from the notices in the North area. Officers spending more time concentrating on The dog fouling element of our work. To date this quarter complaints / operations are on going and continue to be reported and attended. We have been met with an increase in specific witness information re offenders. We offer on the first instance an FPN to allow the individual to discharge their liability rather than have us compile a witness statement and a file for prosecution at court.

Prosecutions continue for Littering and Dog Fouling. To date offenders have paid prior to attending, Pleaded guilty prior to court or have been found guilty at court. There has been a 100% success rate at court. A new Single Justice System starts next week which will mean a simplified file being presented and a larger amount being presented at an earlier stage. Currently persons being prosecuted now will not attend court until November 2017.

The Revenue Raised thus far from FPN's (Fouling and Littering) for this quarter is, £6765.00

The accumulative revenue this contract term (April-Dec 2016) so far is £32,196.54

OUTPUT DATA

FPN's				
NORTH	FPN Litter	FPN Dog Fouling	PCN Parking	total
OCT	87	5	10	102
NOV	76	7	13	96
DEC	35	1	7	43
Total	198	13	30	241

FPN AND PCN TICKET DISTRIBUTION ACROSS THE FOUR WARDS

Old Town	Darton East	Darton West	St Helens
38	18	28	18
32	21	27	16
18	6	11	8
88	45	66	42

CASE STUDY : Bridge Street patrols.



Bridge Street was subject to many complaints in the previous quarter and although these were mainly to do with Fouling there were complaints of litter. After some attention was given to this area and surrounding streets the cleanliness appeared to be maintained.

In October further complaints were received from all and sundry but more specific about a couple of addresses where the occupants were constantly chatting on the door step, smoking and discarding into the street.

Officers again afforded more time and effort to catch those responsible. Approaches were made to addresses on Bridge Street with an opportunity for them to discharge their liability through FPN rather than court was offered accepted and has since been paid.

2 FPN's for littering were issued to two residents and education on how to maintain the good work of other residents. Once again the status quo appears to holding.

Kingdom have made these areas Hotspots for regular patrols in plain clothes and Uniform alike.

Forge Community Partnership - Quarter 4 report received

January 2017

Clean and Green		RAG
	Satisfactory quarterly monitoring report and contract management meeting.	
Health and Wellbeing	Milestones achieved	
	Outcome indicator targets met	
	Social value targets met	
Changing the Relationship	Satisfactory spend and financial information	
	Overall satisfaction with delivery against contract	

Extract from the providers end of year report:

The late summer months have seen our activities around shrub cutting, leaf clearance and light maintenance of green areas continue as a large percentage of our work. The other, of course being the clean up and collection of litter.

We have removed brambles and other shrubbery in areas such as walkways and ginnels where litter had become trapped and this has resulted in cleaner footpaths especially on streets near the hospital where a local resident had reported this through the Ward Councillor and helped on the day around Blackburn Lane and overgrown garage plots.

Many reports/referrals of over-hanging bushes etc. along footpaths, ginnels and alleyways have been addressed in all areas, and some work on shrub beds in parks including Wilthorpe Park, Darton Park (Journal Report completed) and Mapplewell Park (Journal Report completed).

Continued working with existing groups in order to keep up the momentum and help them to obtain noticeable results, we have also supported a number of individual volunteers on projects which they have instigated.

Some occasions have been disappointing though, and the turn-out of volunteers has not been as expected. A couple of these being litter picks in and around Honeywell, Old Town and Bridge Street/Dearne Street areas in Darton where, after locals reporting the litter and requirement of a clean up, we leafleted all the adjacent houses to find little or no uptake. On one occasion a local dog walker joined us on the day, but he did not live close by.

Much is currently being done to promote the Clean & Green Team in the North Area, a Facebook page has been developed, paperwork revamped to emphasise the need for more volunteers in the work that we do. Ward Alliances are being asked to promote the service, local publications are being approached to place advertisements and there is much being done to make the public more aware of the service that the Clean & Green Team provide.

<https://www.facebook.com/cleanandgreenteam/?fref=ts>

Please Note:

Councillors are reminded that this service is intended to be proactive with much of its delivery being directed from the Ward Alliances. Please continue to send requests for service and community project ideas to: naccleangreen@gmail.com

Anvil CIC Case Study 12

Title Mapplewell Bowling Club
Date Wednesday 2 November 2016
Ward Area Darton East Who requested? Harry Rowe & Club Members
Summary Bowling area in the park leased from council required perimeter hedge maintenance, cutting back and trimming etc.
Key Learning Points Because of the time of year, the planned activity increased to include leaf collection and removal from site
Background As the members of bowling clubs are generally of an ageing population, help from Clean & Green was sought to enable the overgrown hedges to be cut back and the volume of green waste removed
Who was Involved: Staff – Clean & Green Existing Volunteers – Bowling club members 10+ Hours Given – 42+
Any unplanned outcomes (Good or Bad) The task was a success in part due to the enthusiasm of the members and teamworking
Outcomes of Project Planned result was achieved, and hedge looking much neater. Could now raise the question of how to reduce the height of this
What could have been done better Without facilities/equipment for working at height, no further cutting/pruning could be done
Next Steps Encourage the bowling club to regularly maintain hedge



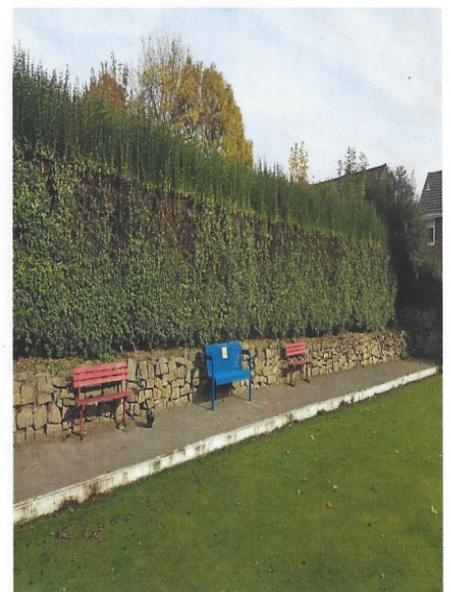
North Area Cleaner Greener Spaces

Journal of Activity 2016

DATE: 2-11-2016

LOCATION: DARTON EAST

Cutting hedges and cleaning up bowling green with volunteers at Mapplewell Bowling Club



Anvil CIC Case Study 11

Title St. Pauls Field Community Clean UP
Date 26-27 October
Ward Area Old Town Who requested? Cllr Lofts & Residents
Summary An overgrown corner of a recreational area was causing concern RE: nuisance activities around a “Den” area.
Key Learning Points Taking into consideration a few conflicting viewpoints, the group learnt to agree upon removal of a large section of vegetation and then further review.
Background Following complaints and police involvement, a meeting of Councillors, residents and Clean & Green was arranged to discuss a plan of action.
Who was Involved: Staff – Clean & Green staff Existing Volunteers – Residents Association New Volunteers – NCS group of 15 Hours Given – 2 days (approximately 252 hours)
Any unplanned outcomes (Good or Bad) In preparation, a sweep of the area carried out by Clean & Green staff resulted in a syringe penetrating through footwear and medical check as a consequence.
Outcomes of Project All the groups worked tremendously hard and gelled into teamwork on the day. Satisfaction for all.
What could have been done better Because using mostly hand tools as volunteers were involved, the possibility that the work could have been done quicker with unavailable machinery was not an option.
Next Steps Although a great improvement was created, if anything, further “manicuring” of the site would be the next step.

Activity template for large projects, schools work, work with businesses & stewardship schemes

What was the activity?	Clean up field / REF: Case Study 11
Where & when did it happen?	St. Pauls, Wilthorpe - 26/27 October 2016
How did this activity come about? (eg: generated by team, member referral, idea from member of public, from Steering Group or Ward Alliance)	Requested by Councillor / REF: Complaints
Who was your key contact for this activity?	North Area Community Development Officer
Was this a 'doing with' or a 'doing for' activity?	Doing with
How many staff hours did it take?	4 Staff = 48 Hours
How many volunteers took part & how many volunteer hours were given?	13 Volunteers = 156 Hours
Names of the volunteers/pupils taking part	13 Names on File
Amount of rubbish collected/recycled (if applicable)	9 loads of green waste and 9 bags of rubbish
What went well? What still needs further development?	Successful day – what was set out was achieved



North Area Cleaner Greener Spaces

Journal of Activity 2016

DATE: 26-10-2016

LOCATION: OLD TOWN

Community Clean-up with NCS
volunteers in St. Pauls Field
on Greenfoot Lane



North Area Cleaner Greener Spaces

Journal of Activity 2016

DATE: 26-10-2016

LOCATION: OLD TOWN

Community Clean-up with NCS
volunteers in St. Pauls Field
on Greenfoot Lane



North Area Cleaner Greener Spaces

Journal of Activity 2016

DATE: 26-10-2016

LOCATION: OLD TOWN

Community Clean-up with NCS
volunteers in St. Pauls Field
on Greenfoot Lane



CAB & DIAL – Yr1 Quarter 4 report received 13th October 2016

<div style="background-color: #6a5acd; color: white; padding: 5px; border-radius: 10px; text-align: center; margin-bottom: 5px;">Health and Wellbeing</div> <div style="background-color: #ff0000; color: white; padding: 5px; border-radius: 10px; text-align: center; margin-bottom: 5px;">Anti Poverty</div> <div style="background-color: #ffcc00; color: white; padding: 5px; border-radius: 10px; text-align: center;">Changing the Relationship</div>		RAG
	Satisfactory quarterly monitoring report and contract management meeting.	
	Milestones achieved	
	Outcome indicator targets met	
	Social value targets met	
	Satisfactory spend and financial information	
	Overall satisfaction with delivery against contract	

Extract from the providers performance report:

In the first quarter of year 2, this project provided 245 client contacts supporting residents with a variety of different issues including benefits, debt and consumer issues. As we found throughout the first year, the largest proportion of these have continued to access the service for benefits advice. The additional £245,225 we have secured in benefit gains this quarter brings the reported benefit gains for the project so far to an estimated total of £1,687,545

This quarter 6 clients have been referred on for specialist debt advice, and we have worked with clients with a combined indebtedness of £88,049. This means those clients will now have a greater disposable income to spend because their debt repayments will be negotiated to manageable levels.

As well as having a significant impact on their financial situations, we know that seeking advice has also led to an improvement in the health and wellbeing of the clients in the area. Evaluation surveys continue to be collected, and responses indicate that during the first Quarter of this year – 91% of respondents feel less stressed after attending the drop-in sessions, and 68% report being more able to manage their own affairs.

N.B. The Steering Group has recognised that the service is over capacity and have made recommendations for an additional outreach session to be made available in either the Darton East or St Helen’s Ward where demand is highest.

Case Study 1

Client attended the Darton West Ward Outreach for support regarding adaptations to his partners Mobility Car. He received a letter stating that she had to pay £1000 towards the cost of adaptations because she was in receipt of Contribution Based Employment & Support Allowance.

We completed a full benefits check and ascertained that, as a couple, they were in receipt of income based top up to take them up to their entitled applicable amount. We therefore appealed on their behalf, forwarded a breakdown of benefits received showing that full costs should be covered.

The appeal was successful and the costs of the adaptations were met in full.

'Thanks for your help Mick. We didn't have a clue what to do until we came to you. My wife can now get into and out of the car and it has made our life much easier'

Case Study 2

Client attended outreach after being referred by the Romero Project. The client had purchased some goods from a mail order company. After 6 weeks they had received only £12.99 worth of the £102.97 order. The client was very stressed about this as this was a lot of money out of their pension with nothing to show for it.

The client had been told that they could have a full refund on the goods due to the delay, and was told to expect the cheque within a few days.

After a week the cheque had not arrived and our client told the company that they would speak to a solicitor - which is likely to have cost a substantial amount of money.

We wrote a letter on the client's behalf, asking for the money to be refunded immediately. Our client received a refund cheque within 2 days of the letter being sent.

"Thanks go to you Loren, I was very worried that I would never receive my money or goods. I won't use the company again but at least I now have received my cheque."

Case Study 3

Client attended Old Town Ward Outreach at Emmanuel Church for support with a benefits check. He and his partner were continually being assessed for ESA and receiving differing outcomes, which was causing them increased financial difficulties and increased stress and anxiety, impacting on his partner's mental health.

Over the period of two months, we secured his partner Personal Independent Payment, Enhanced Daily Living of £82.30 per week and Standard Mobility of £21.80 per week. We also secured the client Carers Allowance of £62.10 per week, Income Support of £155.18 per week and £22.60 per week Enhanced Disability Premium. We also secured the client a Blue Badge and 50% off Vehicle Excise Duty.

In total we secured the client and his partner £343.98 per week accessible income. They no longer need to claim Employment & Support Allowance (ESA), which has reduced their levels of anxiety, increased their weekly income and improved the whole family's quality of life.

'Thanks for everything Mick. We were getting worried about having no money but now it is sorted, and we have received back money as well. I can now care for my partner and our kids without worrying'

PART C – COMMUNITY GRANTS SUMMARY

PERFORMANCE MANAGEMENT REPORT

Ad Astra Barnsley CIC – Altering Perspectives

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary: Performance Summary:

The project consists of four strands: i) Living History which will involve working with school children and elderly residents to revisit the area industrial heritage. Considering how lifestyles have changed over the last 100 years. ii) Delivery of 80 personal health and social education sessions in North Area schools. iii) Run 15 engagement days, either family fun day or community days. iv) Family friendly volunteering with the young people already engaged with Ad Astra.

Performance Summary:

Once more we have had a busy three months – there has been some heart wrenching work over the past couple of months and some real impact into the lives of several young people. We have worked with some amazing young people and we have managed to work with several different organisations and some new young people and their families . We had a very busy October with Halloween activities and a visit to Cannon Hall and a Litter Pick around the Smithies area along the Fleets. We had a fantastic Coffee Morning in November, which was a two-fold event – as always to get family and friends together for a ‘catch up’ but this event was to raise awareness of The Barnsley Food Bank. We managed to collect a mountain of food to donate to The Barnsley Food Bank as well as raising £150 for the organisation to buy additional food to support struggling families over the Christmas period. A few of our young people collected food in their schools for the ‘Food Mountain’ the rest was collected/donated by family and friends of Ad Astra. We participated in a very successful Halloween Spooktacular in Wilthorpe Park working in partnership with Friends of Wilthorpe Park The weather was kind to us on the day and we had over 200 people attending on the day, their was some amazing costumes and everyone really enjoyed the day. Families came from all over the borough to the event. Also in November we were busy planning for the Christmas activities – The Annual Church Service with Willowbank Community Partnership at St Pauls where several of our young people did readings. We made a selection of goodies for the Horizon Christmas Fair where several of our young people held their enterprise stall.

December has been busy with the above-mentioned projects plus our Singing around the Christmas Tree event – which is actually a sing a long in the Community Hall (but we do have a tree...) with goodies on sale and our young people performing a few songs and the odd glass of mulled wine.....

We also did our bulb planting in the Honeywell area in December – rather cold but we had 33 people helping with this session and when they couldn't plant we picked litter.

We have run another round of our IKIC accredited Buddy Training in Summer Lane Primary We have had some major issues to deal with and supporting the young people from Carlton Outwood. We have had some great results too building the self esteem up of a group of young people who were so intimidated by the 'school process' they all now feel more confident managing the school system.

Next Quarter

We have work planned in Laithes Primary and Wilthorpe Primary on our History Project with both children and some of our older residents throughout the wards. We have got some environmental work also with Wilthorpe (Winter Litter Pick)

We are planning our History Presentation for the start of March.

Project Outcome	Intervention/ activities that will contribute to achieving project outcome	Target	Progress so far
Outcome 1 Young people participating in School Based Workshops	Young People from Primary and Secondary School participating in PHSE sessions	100 Young People	213
Outcome 2 Young people starting a research Programme	Young People gathering information for the Living History Project	100 Young people	90
Outcome 3 Young People taking part in activities in their community	Young people joining local environmental work and LWYL campaigns	40	40
Outcome 4 Adults participating in community lead activities.	Adults participating in local activities improving and promoting their area	40	36

Activity/Intervention	Quarter 1		Quarter 2		Quarter 3		Quarter 4		Total Project target
	T	A	T	A	T	A	T	A	
Young People from Schools participating in PHSE	25	129	25	47	25	37	25		100 (213 to date)
Young People working on the Living History Project	40	62	20	20	40	8			100 (90 to date)
Young People joining LWYL	10	12	10	14	10	14	10		40

Campaigns										(40 to date)
Adult volunteer hours worked on the project	100	102	100	176	100	142	100			400 (420 to date)

Adults involved with the Living History Project	30	34	30	20	40					100 (54 to date)
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Getting Ready for the Winter Bulb Planting



Starting Litter Pick in Honeywell



Enterprise Goodies on Sale at the Christmas Sing Along

Emmanuel Church – Integrate

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

The principle aim of the project is to provide a series of appropriate activities so that different ages in the local community can engage in and benefit from, a sense of community belonging and cohesion. There will be a range of activities provided, ranging from inter-generational IT workshops to craft workshops and one off events, designed for older people as well as children and young people, and, in particular, opportunities for different generations to be together. There are three outcomes: i) Activity groups which enable young people to meet with their peers in a safe environment engaging in structured activities. Inc. delivery of workshops focussing on well-being, especially self-esteem and aspiration. ii) Intergenerational activities iii) Provide activities and partnership opportunities to increase the awareness of environmental concerns

Performance Summary:

October, November, December

Below is a brief report of the events achieved by the Integrate project this quarter. Some projects are continued from last quarter, however there are some new projects included.

Fusion events – these are monthly events are aimed at being community wide. They include a simple meal with activities which are suitable for both young and old alike. This quarter's Fusion events have included;

- Frustration Night 18 people from 11 months to 65 year old playing the game Frustration together. It was a good night with all ages interacting with each other



- Christmas meet the nativity – the local community were invited to come along and meet the animals from the nativity. A Ian's Mobile Farm provided the animals and the participants were able to dress up as nativity characters and make group photos. People of course had the chance to sit and talk with each over festive refreshments.



- Christmas Sing-a-long – people who had been to other integrate events as well as the local community were invited to sing carols at Wilthorpe Tesco's. This was to primarily advertise the Integrate Christmas events but also to spread the Christmas joy to the local community. This was not only done through the singing of carols but during in the weeks building up to it, over 300 Christmas tree decorations were made by the local people at various Integrate groups and one off sessions. These sessions had a 'real community feel' with people wanting to let more people know about the events that are held by the project.
- Christmas Party – 84 people came along to start their Christmas celebrations by joining in Christmas party games and sharing in food. 86% of these people were non-church members which just shows that there is a real need of activities in the local area for local people. Some of the people were first time attenders to the Integrate project and were excited to find out that there were more events which they could be involved in.



Mary and Joseph – for a whole month a small knitted representation of Mary and Joseph was passed around the community. This was mainly targeted at the older generations who might not see many people during the build up to Christmas. As Mary and Joseph travelled to Christmas, people were encouraged to pass them on to other people and share a meal. This meant that people who would usually struggle to see people were able to spend time with others during in what can sometimes be a depressing time of the year.

IT Drop – (continued) Monthly IT drop in for people needing IT support – although this has been a small select group of people accessing this, the people who have accessed this have found beneficial, especially with the low ratios to 'expert' volunteers it has meant that they have been able to get more out of the sessions. This quarter Barnsley Council's 'Digital Champions' joined the team so that the sessions could be accessed by even more people.

One Way and Reboot – (continued) these are the provision made to engage children and young people to be able to meet with their peers in a safe environment and engaging them in structured activities. In One Way the children have continued to look at the environment. Whilst the older children have also looked at the environment they have also look at the people around them too. To help them have a greater understanding of different cultures and have a greater tolerance of those who are different to themselves.

Young People's Healthy cook off – after the success of a similar event last quarter, a one off sessions for young people to learn how to cook a simple meal which they could easily replicate at home was held. Eight young people joined with volunteers to be shown how to cook each meal. The young people were given the option of which dish they would like to prepare and the young people were able to take recipe cards home so that they would be able to try it with their parents/guardians. The evening ended with the young people and the volunteers sharing in the food that they had prepared.

Volunteer recruitment and development – (continued) over the year there has been a cohort of volunteers which have worked with the Integrate project. During this quarter the volunteers could take part in a level 2 Food safety course. 25 volunteers took the chance to take part in the course which not only means that the project has benefited from having people train in food safety, but also the volunteers would be able to use this in other areas of their lives.

Deep Down – a community theatre piece about the history of the Barnsley area, the story explores the community spirit during the devastation of an accident in a mining family. Due to a lack of interest in this before Christmas it was decided that the rehearsals would be postponed until the new year. It is hoped that The Exodus Project will partner with the Integrate project to perform this theatre piece.

Afternoon Tea – a monthly pattern of afternoon teas has begun to be formed. The first two were held at the college. However due to the college being unable to accommodate us during the Christmas period there was a special Christmas afternoon tea held at Emmanuel. This meant the we was able to lower the price of the event as we were not constricted by the college. This seems to have made the event more of a success as 48 people came along to event. Many who were not socially isolated themselves brought older relatives and friends along who were socially isolated. One woman commented ‘there’s little for people to do with their relatives who are isolated and very few safe spaces for people to feel comfortable. The afternoon tea has enabled to bring my mum who is in her 80s and suffers from CPOD which means its difficult to find places where she can go which means she does not have to struggle with accessibility.’



Reds In the Community – Fit Reds

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

The Fit Reds programme is delivered through a series of weekly sessions over the course of nine weeks. Through the Fit Reds programme, Fit Reds Health Trainers provide participants with information regarding diet, nutrition and healthy lifestyles along with vital one to one support. Fit Reds Physical Activity Coaches engage participants with physical activity suited to their individual needs. Using football and Barnsley Football Club as a hook, the programme supports men to make positive lifestyle changes and become more physically active. The programme will be available to 60 men across the North Area.

Performance Summary:

The Fit Reds generated some great figures for the Holy Trinity course where 12 participants embraced the challenge:

- 67% of the participants who started the programme completed the 9 week course.
- 32.2kg of weight was lost by the participants.
- 18.9 Inch reduction in waist circumference.
- 75% increased their intake of fruit and veg.
- 68% reduced the number of units of alcohol consumed per week.



AWARD WINNING

FIT REDS PROGRAMME HOLY TRINITY - 19/10/2016

Turn your lifestyle around with the new **FREE** award winning Fit Reds programme at Holy Trinity commencing **19/10/2016 | 7PM - 9PM** and experience high quality fitness and football sessions along with informative workshops to make positive lifestyle changes!

ALL participants who complete the programme receive **FREE** Barnsley FC tickets to any home league game!

**CONTACT US AND BOOK
YOUR PLACE TODAY!**

North Area Council
Darton East, Darton West, Old Town, St Helens

Love
where you
Live



community@barnsleyfc.co.uk
www.barnsleyfccommunity.co.uk



01226 211333

RVS - Looking Out for Older People

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

The project aims to tackle issues of health and wellbeing by working with older people to put together a package of support which will help find a way out of loneliness & isolation and to offer advice and signposting around other sources of help such as benefits entitlement, aids and adaptations etc. Their discussions will substantially be led by the older person themselves and will be used to put together a package of support aimed at reducing feelings of loneliness and isolation.

RVS will conduct at least 400 home visits to older people who have been identified as being at risk of loneliness and isolation.

RVS will create sustainability in 5 newly formed groups across the North Area.

Performance Summary:

The Inclusion Officer has continued to develop links within the North Area with all relevant agencies and the general public. The Social Groups she has helped to set up are now running themselves so will remain sustainable when funding ends.

Referrals for individuals have continued to come from family, friends, social care professionals and other local groups. The number of home visits continues to increase as the number of volunteers in the area increase.

Activity/Intervention	Quarter 1		Quarter 2		Quarter 3		Quarter 4		Total Project target
	T	A	T	A	T	A	T	A	
Home Visits	100	143	100	113	100	131	100		400
Taking part in activities	75	82	75	105	75	127	75		300

We have continued to promote the service wherever possible and over the Christmas period have involved service users in extra activities.

Service users attended Christmas Parties at Priory Campus, Wilthorpe, Pogmoor and Darton Afternoon Clubs



Twenty Two service users in the area received a Christmas Hamper worth £20 each. The hampers contained a range of basic foodstuff not just Christmas treats and all recipients expressed pleasure at receiving food they would make use of.



Recipients of the Christmas Hampers commented:

“That hamper was great. Such a lovely surprise! I don’t know who chose what to include but it was very well thought out. There were things for all my meals for 2 or 3 days. And the Spam suggested on the side to have it with egg and chips so I did. It was lovely! And it was all from Sainsbury’s you know.”

“Thank you again for my hamper. It was a lovely surprise. That walnut cake was delicious and there was tea and coffee in it too. They thought of everything. Even the washing up!”

“My hamper came in really handy. I could offer people biscuits and cake when they came over so I felt right posh.”

“We didn’t expect that hamper but it was a lovely gesture. There were so many things in it. Two big bags! We had the stewed steak and potatoes that day you brought it and it was delicious.”